

# DOES YOUR PARTNER OR FAMILY MEMBER?

- Put you down, criticise you or make you feel worthless?
- Threaten or stop you from seeing friends and family?
- Pressure you into sexual acts you don't want to do?
- Stop you from expressing your identity eg. gender expression, sexuality?
- Keep you from having your own money or control how you spend money?
- Threaten to harm you if you say you want to leave the relationship?



**YOU ARE NOT ALONE. SUPPORT IS AVAILABLE.**

Contact 1800 RESPECT for 24/7 confidential family violence information, counselling and support  
1800 737 732 | [www.1800respect.org.au](http://www.1800respect.org.au)

**FVREE** FREE FROM  
FAMILY  
VIOLENCE

For more info,  
visit [fvree.org.au](http://fvree.org.au)

