

# HELP & SUPPORT

## For Family Violence

If you are in immediate danger, call the Police on 000

**1800RESPECT**

☎ 1800 737 732 🌐 [1800respect.org.au](https://www.1800respect.org.au)

24/7 confidential family violence and sexual assault information, counselling and support



☎ 13 11 14 🌐 [lifeline.org.au](https://www.lifeline.org.au)

24/7 crisis support and suicide prevention service



☎ 1300 766 491 🌐 [ntv.org.au](https://www.ntv.org.au)

Anonymous and confidential telephone service for men who use violence



☎ 1300 364 277 🌐 [relationships.org.au](https://www.relationships.org.au)

Relationship support services for individuals, families and communities



☎ 1800 184 527 🌐 [qlife.org.au](https://www qlife.org.au)

National confidential phone and web chat support for LGBTQIA+people

Write your local family violence service here:

**FVREE** FREE FROM FAMILY VIOLENCE

For more info, visit [fvree.org.au](https://www.fvree.org.au)

